

HEALTHY ALASKANS 2020

A JOINT PROJECT OF THE STATE OF ALASKA DEPARTMENT OF HEALTH AND SOCIAL SERVICES & THE ALASKA NATIVE TRIBAL HEALTH CONSORTIUM

Healthy Alaskans 2020 Scorecard 2018 Update

	HA2020 Leading Health Indicator	Baseline*	HA2020 Target	Current Year	Current Data	Progress to Date
1	Reduce the cancer mortality rate per 100,000 population	176.0	162.0	2017	136.2	★
2	Increase the percentage of adolescents (high school students in grades 9-12) who have not smoked cigarettes or cigars or used chewing tobacco, snuff or dip on one or more of the last 30 days	74.8% ^a	80%	2017	83.4%	★
3	Increase the percentage of adults (age 18 and older) who do NOT currently smoke cigarettes	77.8%	83%	2017	79.8%	▶
4.a	Reduce the percentage of adults (age 18 years and older) who meet criteria for overweight (body mass index of ≥ 25 and < 30 kg/m ²)	38.3%	36%	2017	32.4%	★
4.b	Reduce the percentage of adults (age 18 years and older) who meet criteria for obesity (body mass index of ≥ 30 kg/m ²)	29.2%	27%	2017	33.1%	●
5.a.i	Reduce the percentage of adolescents (high school students in grades 9-12) who meet criteria for overweight (age- and sex-specific body mass index of ≥ 85 th and < 95 th percentile)	14.3% ^a	12%	2017	17.5%	●
5.a.ii	Reduce the percentage of adolescents (high school students in grades 9-12) who meet criteria for obesity (age- and sex-specific body mass index of ≥ 95 th percentile)	11.7% ^a	10%	2017	13.7%	●
5.b.i	Reduce the percentage of children (students in grades K-8) who meet criteria for overweight (age- and sex- specific body mass index of ≥ 85 th and < 95 th percentile)	16.7% ^{b,c}	15%	2017-2018	16.5%	▶
5.b.ii	Reduce the percentage of children (students in grades K-8) who meet criteria for obesity (age- and sex- specific body mass index of ≥ 95 th percentile)	16.6% ^{b,c}	15% ^c	2017-2018	18.3%	●
6.a	Increase the percentage of adults (age 18 years and older) who report 150 or more minutes per week of moderate or vigorous exercise, where each minute of vigorous exercise contributes 2 minutes to the total	57.5% ^d	61%	2017	56.7%	●
6.b	Increase the percentage of adolescents (high school students grades 9-12) who do at least 60 minutes of physical activity a day, every day of the week	20.2% ^a	23%	2017	18.4%	●
7.a	Reduce the suicide mortality rate per 100,000 population among the population, age 15-24 years	46.0	43.2	2017	46.6	●
7.b	Reduce the suicide mortality rate per 100,000 population among the population, age 25 years and older	25.0	23.5	2017	31.1	●
8	Reduce the percentage of adolescents (high school students in grades 9-12) who felt so sad or hopeless every day for 2 weeks or more in a row that they stopped doing some usual activities in the past 12 months	25.2% ^a	23%	2017	36.1%	●
9	Reduce the mean number of days in the past 30 days adults (age 18 and older) report being mentally unhealthy	3.2	2.9	2017	3.9	●
10	Increase the percentage of adolescents (high school students grades 9-12) with three or more adults (beside their parents) from whom they feel comfortable seeking help	44.6% ^a	47%	2017	45.4%	▶

Notes: *Baseline 2010 unless otherwise noted; a 2009; b 2009-2010 school year, ASD and Mat-Su only; c Modified due to change in data collection methodology; d 2011.

★ Met target
◆ On track
▶ Little or no progress
● Getting worse

For more detailed trend data on any individual indicator, go to <http://ibis.dhss.alaska.gov>

Updated 11/30/18

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11	Reduce the rate of unique substantiated child maltreatment victims per 1,000 children (age 0-17 years)	15.3	14.4	2016	16.8	
12	Reduce the rate of rape per 100,000 population	125.4 ^{c,e}	113 ^c	2016	142.0	
13	Reduce the percentage of adolescents (high school students in grades 9-12) who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	9.1% ^{c,e}	8% ^c	2017	7.3%	
14	Reduce the alcohol-induced mortality rate per 100,000 population	16.3	15.3	2017	19.8	
15.a	Reduce the percentage of adults (age 18 years and older) who report binge drinking in the last 30 days based on the following criteria: 5 or more alcoholic drinks for men; 4 or more alcoholic drinks for women, on one occasion.	21.8%	20%	2017	19.4%	
15.b	Reduce the percentage of adolescents (high school students grades 9-12) who report binge drinking in the past 30 days based on the following criteria: 5 or more alcoholic drinks for boys; 4 or more alcoholic drinks for girls, at least once in the past 30 days	13.8% ^{c,f}	17%	2017	13.8%	
16	Reduce the unintentional injury mortality rate per 100,000 population	58.3	54.8	2017	63.0	
17	Increase the percentage of children age 19-35 months who receive the ACIP (Advisory Committee on Immunization Practices) recommended vaccination series (2013 AICP recommendation: 4 DTaP, 3 Polio, 1MMR, 3 Hib, 3 Hepatitis B, 1 Varicella, 4 PCV)	65%	75%	2017	69.5%	
18	Reduce the incidence rate of Chlamydia trachomatis per 100,000 population	849.6	705.2	2016	770.0	
19	Increase the percentage of rural community housing units with water and sewer services	77.6%	87%	2018	86.2%	
20	Increase the percentage of the population served by community water systems with optimally fluoridated water	54.8%	58%	2016	42.0%	
21	Reduce the percentage of women delivering live births who have not received prenatal care beginning in the first trimester of pregnancy	21.3%	19%	2017	20.9%	
22	Reduce the rate of preventable hospitalizations per 1,000 adults (hospitalizations that could have been prevented with high quality primary and preventive care) based on the Agency for Healthcare Research and Quality (AHRQ) definition	7.1	6.7	2017	7.3	
23	Reduce the rate of adults (age 18 years and older) reporting they could not afford to see a doctor in the last 12 months	14.7%	14%	2017	13.6%	
24	Increase the percentage of the population living above the federal poverty level (as defined for AK)	84.5%	90%	2017	84.5%	
25	Increase the percentage of 18-24 year olds with a high school diploma or equivalency	81.2%	86%	2016	86.0%	

Notes: *Baseline 2010 unless otherwise noted; c Modified due to change in data collection methodology; d 2011; e 2013; f 2017.

Met target On track Little or no progress Getting worse

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Updated 11/30/18