

HEALTHY ALASKANS 2020

A JOINT PROJECT OF THE STATE OF ALASKA DEPARTMENT OF HEALTH AND SOCIAL SERVICES & THE ALASKA NATIVE TRIBAL HEALTH CONSORTIUM

Healthy Alaskans 2020 Scorecard Alaska Native (AN) 2018 Update

	HA2020 Leading Health Indicator	AN Baseline*	HA2020 Target [§]	Current Year	Current AN Data	Progress to Date
1	Reduce the cancer mortality rate per 100,000 population	238.9	162.0	2017	209.0	
2	Increase the percentage of adolescents (high school students in grades 9-12) who have not smoked cigarettes or cigars or used chewing tobacco, snuff or dip on one or more of the last 30 days	59.2% ^a	80%	2017	70.9%	
3	Increase the percentage of adults (age 18 and older) who do NOT currently smoke cigarettes	61.4%	83%	2017	65.2%	
4.a	Reduce the percentage of adults (age 18 years and older) who meet criteria for overweight (body mass index of ≥ 25 and < 30 kg/m ²)	41.0%	36%	2017	30.5%	
4.b	Reduce the percentage of adults (age 18 years and older) who meet criteria for obesity (body mass index of ≥ 30 kg/m ²)	31.4%	27%	2017	35.7%	
5.a.i	Reduce the percentage of adolescents (high school students in grades 9-12) who meet criteria for overweight (age- and sex-specific body mass index of ≥ 85th and < 95th percentile)	16.2% ^a	12%	2017	22.1%	
5.a.ii	Reduce the percentage of adolescents (high school students in grades 9-12) who meet criteria for obesity (age- and sex-specific body mass index of ≥ 95th percentile)	11.4% ^a	10%	2017	14.2%	
5.b.i	Reduce the percentage of children (students in grades K-8) who meet criteria for overweight (age- and sex- specific body mass index of ≥85th and <95th percentile)	21.1% ^b	15%	2017-2018	20.7%	
5.b.ii	Reduce the percentage of children (students in grades K-8) who meet criteria for obesity (age- and sex- specific body mass index of ≥95th percentile)	21.8% ^b	15% ^c	2017-2018	20.7%	
6.a	Increase the percentage of adults (age 18 years and older) who report 150 or more minutes per week of moderate or vigorous exercise, where each minute of vigorous exercise contributes 2 minutes to the total	52.0%	61%	2017	49.7%	
6.b	Increase the percentage of adolescents (high school students grades 9-12) who do at least 60 minutes of physical activity a day, every day of the week	17.1% ^a	23%	2017	15.8%	
7.a	Reduce the suicide mortality rate per 100,000 population among the population, age 15-24 years	117.0	43.2	2017	103.3	
7.b	Reduce the suicide mortality rate per 100,000 population among the population, age 25 years and older	36.4	23.5	2017	57.3	
8	Reduce the percentage of adolescents (high school students in grades 9-12) who felt so sad or hopeless every day for 2 weeks or more in a row that they stopped doing some usual activities in the past 12 months	25.6% ^a	23%	2017	36.2%	
9	Reduce the mean number of days in the past 30 days adults (age 18 and older) report being mentally unhealthy	3.3	2.9	2017	4.3	
10	Increase the percentage of adolescents (high school students grades 9-12) with three or more adults (beside their parents) from whom they feel comfortable seeking help	34.1% ^a	47%	2017	39.4%	

Notes: *Baseline 2010 unless otherwise noted; [§] targets set based on all races; data not available (N/A) for the AN population for all indicators; a 2009; b 2009-2010 school year, ASD and Mat-Su only; d 2011; c Modified due to change in data collection methodology.

Met target On track Little or no progress Getting worse

For more detailed trend data on any individual indicator, go to <http://ibis.dhss.alaska.gov>

Updated 11/30/18

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11	Reduce the rate of unique substantiated child maltreatment victims per 1,000 children (age 0-17 years)	N/A	14.4	N/A	N/A	N/A
12	Reduce the rate of rape per 100,000 population	N/A	113 ^c	N/A	N/A	N/A
13	Reduce the percentage of adolescents (high school students in grades 9-12) who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	10.3% ^{c,e}	8% ^c	2017	4.5%	★
14	Reduce the alcohol-induced mortality rate per 100,000 population	61.2	15.3	2017	67.9	●
15.a	Reduce the percentage of adults (age 18 years and older) who report binge drinking in the last 30 days based on the following criteria: 5 or more alcoholic drinks for men; 4 or more alcoholic drinks for women, on one occasion.	21.8%	20%	2017	23.1%	●
15.b	Reduce the percentage of adolescents (high school students grades 9-12) who report binge drinking in the past 30 days based on the following criteria: 5 or more alcoholic drinks for boys within a couple of hours; 4 or more alcohol drinks for girls within a couple of hours	13.5% ^{c,f}	17%	2017	13.5%	★
16	Reduce the unintentional injury mortality rate per 100,000 population	100.4 ^d	54.8	2017	136.3	●
17	Increase the percentage of children age 19-35 months who do receive the ACIP (Advisory Committee on Immunization Practices) recommended vaccination series (2013 AICP recommendation: 4 DTaP, 3 Polio, 1MMR, 3 Hib, 3 Hepatitis B, 1 Varicella, 4 PCV)	77.0%	75%	2017	74.1%	◆
18	Reduce the incidence rate of Chlamydia trachomatis per 100,000 population	2394.3	705.2	2016	2516.0	●
19	Increase the percentage of rural community housing units with water and sewer services	N/A	87%	N/A	N/A	N/A
20	Increase the percentage of the population served by community water systems with optimally fluoridated water	N/A	58%	N/A	N/A	N/A
21	Reduce the percentage of women delivering live births who have not received prenatal care beginning in the first trimester of pregnancy	27.3%	19%	2017	23.7%	▶
22	Reduce the rate of preventable hospitalizations per 1,000 adults (hospitalizations that could have been prevented with high quality primary and preventive care) based on the Agency for Healthcare Research and Quality (AHRQ) definition	18.8	6.7	2017	14.4	▶
23	Reduce the rate of adults (age 18 years and older) reporting they could not afford to see a doctor in the last 12 months	13.2%	14%	2017	11.0%	★
24	Increase the percentage of the population living above the federal poverty level (as defined for AK)	67.5%	90%	2017	68.3%	▶
25	Increase the percentage of 18-24 year olds with a high school diploma or equivalency	70.2% ^g	86%	2016	80.3% ^h	▶

Notes: *Baseline 2010 unless otherwise noted; [§] targets set based on all races; data not available (N/A) for the AN population for all indicators; a 2009; c Modified due to change in data collection methodology; d 2011; e 2013; f 2017; g 2008-2010; h 2012-2016.

★ Met target ◆ On track ▶ Little or no progress ● Getting worse

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