Healthy Alaskans 2020 Scorecard for Alaska Native people

| \# | Leading Health Indicator | Baseline | Tar.. | Current | Progress | Progress or no <br> - Improved <br> $\star$ Met target <br> Not improved <br> Progress or no <br> $\square$ Improved <br> $\square$ Met target <br> $\square$ Not improved |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Cancer mortality rate per 100,000 population | $\begin{gathered} 238.9 \\ (2010) \end{gathered}$ | 162 | $\begin{gathered} 199.4 \\ (2019) \end{gathered}$ |  |  |
| 2 | Percentage of adolescents who have not used tobacco products during the past 30 days | $\begin{aligned} & 56.8 \% \\ & (2009) \end{aligned}$ | 80\% | $\begin{aligned} & 73.1 \% \\ & (2019) \end{aligned}$ |  |  |
| 3 | Percentage of adults who do not currently smoke cigarettes | $\begin{aligned} & \text { 61.4\% } \\ & (2010) \end{aligned}$ | 83\% | $\begin{aligned} & 64.2 \% \\ & (2019) \end{aligned}$ |  |  |
| 4.a | Percentage of adults who are overweight | 41\% (2010) | 36\% | $\begin{aligned} & 33.0 \% \\ & (2019) \end{aligned}$ |  |  |
| 4.b | Percentage of adults who are obese | $\begin{aligned} & 31.4 \% \\ & (2010) \end{aligned}$ | 27\% | $\begin{aligned} & 34.8 \% \\ & (2019) \end{aligned}$ |  |  |
| 5.a.i | Percentage of adolescents who are overweight | $\begin{aligned} & 16.2 \% \\ & (2009) \end{aligned}$ | 12\% | $\begin{aligned} & 14.5 \% \\ & (2019) \end{aligned}$ |  |  |
| 5.a.ii | Percentage of adolescents who are obese | $\begin{aligned} & 11.4 \% \\ & (2009) \end{aligned}$ | 10\% | $\begin{aligned} & 17.5 \% \\ & (2019) \end{aligned}$ |  |  |
| 5.b.i | Percentage of children (grades K-8) who are overweight | 21\% (2010) | 15\% | $\begin{aligned} & 19.4 \% \\ & (2019) \end{aligned}$ |  |  |
| 5.b.ii | Percentage of children (grades K-8) who are obese | 21\% (2010) | 15\% | $\begin{aligned} & 21.9 \% \\ & (2019) \end{aligned}$ |  |  |
| 6.a | Percentage of adults who report 150 or more minutes of moderate-intensity aerobic physical activity per week | 52\% (2011) | 61\% | $\begin{aligned} & 50.0 \% \\ & (2019) \end{aligned}$ |  |  |
| 6.b | Percentage of adolescents who engage in at least 60 minutes of physical activity a day | $\begin{aligned} & 17.1 \% \\ & (2009) \end{aligned}$ | 23\% | $\begin{aligned} & 17.5 \% \\ & (2019) \end{aligned}$ |  |  |
| 7.a | Suicide mortality rate per 100,000 population (age $15-24$ years) | 117 (2010) | 43.2 | $\begin{gathered} 145.5 \\ (2019) \end{gathered}$ |  |  |
| 7.b | Suicide mortality rate per 100,000 population (age 25+ years) | 35.7 (2010) | 23.5 | 69.1 (2019) |  |  |
| 8 | Percentage of adolescents who felt sad or hopeless during the last 12 months | $\begin{aligned} & 25.6 \% \\ & (2009) \end{aligned}$ | 23\% | $\begin{aligned} & 43.1 \% \\ & (2019) \end{aligned}$ |  |  |
| 9 | Mean number of days adults report being mentally unhealthy during the past 30 days | 3.3 (2010) | 2.9 | 4.0 (2019) |  |  |
| 10 | Percentage of adolescents with three or more adults who they feel comfortable seeking help from | $\begin{aligned} & 34.1 \% \\ & (2009) \end{aligned}$ | 47\% | $\begin{aligned} & 46.4 \% \\ & (2019) \end{aligned}$ |  |  |
| 13 | Percentage of adolescents who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months | $\begin{aligned} & 10.3 \% \\ & (2013) \end{aligned}$ | 8\% | $\begin{aligned} & 14.0 \% \\ & (2019) \end{aligned}$ |  |  |

Progress or no (color) broken down by Measure Names vs. \#, Leading Health Indicator, Baseline, Target and Current. Shape shows details about Progress or no. The context is filtered on Year filter and Population. The Year filter filter keeps True. The Population filter keeps Alaska Native people. The data is filtered on Health Topic, Sub-population, Action (Progress) and Action (Progress or no). The Health Topic filter keeps multiple members. The Sub-population filter keeps multiple members. The Action (Progress) filter keeps 3 members. The Action (Progress or no) filter keeps 3 members. The view is filtered on \#, which keeps 28 of 32 members.

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