

## Healthy Alaskans 2020 Scorecard for All Alaskans
















#	Leading Health Indicator	Baseline	Tar..	Current	Progress
1	Cancer mortality rate per 100,000 population	176.1 (2010)	162	148.8 (2019)	★
2	Percentage of adolescents who have not used tobacco products during the past 30 days	72% (2009)	80%	85.2% (2019)	★
3	Percentage of adults who do not currently smoke cigarettes	77.8% (2010)	83%	81.5% (2019)	◆
4.a	Percentage of adults who are overweight	38.3% (2010)	36%	35.6% (2019)	★
4.b	Percentage of adults who are obese	29.2% (2010)	27%	30.3% (2019)	●
5.a.i	Percentage of adolescents who are overweight	14.3% (2009)	12%	15% (2019)	●
5.a.ii	Percentage of adolescents who are obese	11.7% (2009)	10%	14.8% (2019)	●
5.b.i	Percentage of children (grades K-8) who are overweight	16.8% (2010)	15%	17.2% (2019)	●
5.b.ii	Percentage of children (grades K-8) who are obese	16.7% (2010)	15%	18.2% (2019)	●
6.a	Percentage of adults who report 150 or more minutes of moderate-intensity aerobic physical activity per week	57.5% (2011)	61%	57.6% (2019)	◆
6.b	Percentage of adolescents who engage in at least 60 minutes of physical activity a day	20.2% (2009)	23%	17.9% (2019)	●
7.a	Suicide mortality rate per 100,000 population (age 15-24 years)	45.9 (2010)	43.2	57.9 (2019)	●
7.b	Suicide mortality rate per 100,000 population (age 25+ years)	24.7 (2010)	23.5	31.1 (2019)	●
8	Percentage of adolescents who felt sad or hopeless during the last 12 months	25.2% (2009)	23%	38.1% (2019)	●
9	Mean number of days adults report being mentally unhealthy during the past 30 days	3.2 (2010)	2.9	3.9 (2019)	●
10	Percentage of adolescents with three or more adults who they feel comfortable seeking help from	44.6% (2009)	47%	48.6% (2019)	★
11	Rate of unique substantiated child maltreatment victims per 1,000 children (age 0-17 years)	15 (2010)	14.4	17 (2019)	●




Progress or no  
 ◆ Improved  
 ★ Met target  
 ● Not improved




Progress or no  
 ■ Improved  
 ■ Met target  
 ■ Not improved

Progress or no (color) broken down by Measure Names vs. #, Leading Health Indicator, Baseline, Target and Current. Shape shows details about Progress or no. The context is filtered on Year filter and Population. The Year filter filter keeps True. The Population filter keeps All Alaskans. The data is filtered on Health Topic, Sub-population, Action (Progress) and Action (Progress or no). The Health Topic filter keeps multiple members. The Sub-population filter keeps multiple members. The Action (Progress) filter keeps 3 members. The Action (Progress or no) filter keeps 3 members. The view is filtered on #, which keeps 32 of 32 members.

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#	Leading Health Indicator	Baseline	Tar..	Current	Progress
12	Rate of rape per 100,000 population	125.4 (2013)	113	151.3 (2019)	
13	Percentage of adolescents who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	9.1% (2013)	8%	9.7% (2019)	
14	Alcohol-induced mortality rate per 100,000 population	16.3 (2010)	15.3	23.7 (2019)	
15.a	Percentage of adults who report binge drinking during the past 30 days	21.8% (2010)	20%	16.8% (2019)	
15.b	Percentage of adolescents who report binge drinking in the past 30 days	13.8% (2017)	17%	12.4% (2019)	
16	Unintentional injury mortality rate per 100,000	58.5 (2010)	54.8	63 (2019)	
17	Percentage of children age 19-35 months who do receive the Advisory Committee on Immunization Practices (2013) recommended vaccination seri..	65% (2010)	75%	69.5% (2017)	
18	Incidence rate of Chlamydia trachomatis per 100,000 population	849.6 (2010)	705.2	856 (2019)	
19	Percentage of serviceable rural housing units with water and sewer service	77.6% (2010)	87%	85.1% (2019)	
20	Percentage of population served by community water systems with optimally fluoridated water	54.8% (2010)	58%	41.9% (2019)	
21	Percentage of women delivering live births who did not receive prenatal care beginning in first trimester of pregnancy	21.3% (2010)	19%	19.4% (2019)	
22	Number of preventable hospitalizations	7.1 (2010)	6.7	7.3 (2019)	
23	Percentage of adults who report that they could not afford to see a doctor in the last 12 months	14.7% (2010)	14%	13.4% (2019)	
24	Percentage of population living above the federal poverty level	84.7% (2010)	90%	85.6% (2019)	
25	Percentage of population (age 18-24 years) with a high school diploma	81.2% (2010)	86%	87.5% (2019)	

Progress or no  
 Improved  
 Met target  
 Not improved

Progress or no  
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